



ST. FRANCIS XAVIER  
UNIVERSITY

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Two doses means fewer restrictions

# XCHANGE NEWSLETTER

February  
2022

Distance Nursing Programs • Continuing and Distance Education • 2175 Varsity Drive, MacDonald Hall  
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Website: <https://www.mystfx.ca/continuingeducation/online-nursing-programs/>

## INSIDE THIS ISSUE

- 1 Study Award Recipients
- 2 Spring/Summer Courses
- 4 How to Register for Courses
- 4 Payment Options / Receipts
- 4 Income Tax Forms
- 5 Course Withdrawal/Refund Policy
- 5 Textbook Information
- 5 2022 Spring/Summer Fees
- 6 Helpful Hints

## STUDY AWARDS RECIPIENTS

Thank you to all the students who submitted applications for the  
Distance Nursing Study Award.

We are pleased to announce this year's recipients:

*Holly Belanger*

*Kimberly Anne Lim*

*Bakalhanian Muhindo*

*Karol Leonila Perez*

*Phillipa Taylor*

*Silvia Wilmot*



## 2022 SPRING/SUMMER COURSES

COURSE	DATES	DESCRIPTION
<b>BIOL 105.77</b> <b>Introductory Cell and Molecular Biology</b>  CRN 21692 Lab CRN 21693  TBD	<b>June 13 – August 19</b>  Online	This course will focus on the structure and function of cells, cell division, patterns of inheritance and the molecular basis of inheritance. <u>Restricted to nursing students.</u> <b>Three credits.</b>
<b>BIOL 115.77</b> <b>Microbes in Human Biology</b>  CRN 21694 Lab CRN 21695  TBD	<b>June 13 – August 19</b>  Online	An introduction to microorganisms from a human perspective, this course deals with viruses, bacteria and fungi. Topics include bacterial structure and function, bacterial genetics and antibiotic resistance, and viral structure and infection. <u>Restricted to nursing students.</u> <b>Three credits.</b>
<b>NURS 115.77</b> <b>Health Teaching and Learning</b>  CRN 21696  TBD	<b>June 13 – August 19</b>  Online  <b>**SPECIAL OFFERING FOR THIS TERM</b>	In contrast to health protection and illness prevention, health promotion is a broad and holistic concept. This course explores the concept of health promotion; the nurse's role in health promotion; the teaching-learning process; population health; social action and justice; and the socio-cultural, economic, and political factors that influence health and health behaviour. <b>Three credits.</b>
<b>NURS 135.77</b> <b>Contemporary Issues in Nursing</b>  CRN 21697  TBD	<b>June 13 – August 19</b>  Online  <b>**SPECIAL OFFERING FOR THIS TERM</b>	The foundation for all subsequent nursing courses, this course explores the evolution of nursing as a profession, including its theoretical and philosophical bases. Topics include Orem's self-care theory, legal and ethical issues, health care reform, the image of professional nursing, and changing health care priorities. <b>Three credits.</b>
<b>NURS 202.77</b> <b>Community Mental Health Nursing II</b>  CRN 12644  TBD	<b>April 4 – June 10</b>  Online	Examines the theory of and concepts in mental illness, treatment regimens, and nursing interventions in a community setting. Students will apply mental health nursing principles to specific clinical disorders, building on the foundations of practice explored in NURS 201. <b>Three credits.</b>
<b>NURS 205.77</b> <b>Community Health Nursing</b>  CRN 21698  TBD	<b>June 13 – August 19</b>  Online  <b>**SPECIAL OFFERING FOR THIS TERM</b>	This course explores the role of the community health nurse in the context of a changing health care system. Topics include population health, primary health care, community assessment, epidemiology and demography, environment and ecology, cultural competence, ethics, and community-as-partner. <b>Three credits.</b>

COURSE	DATES	DESCRIPTION
NURS 245.77 Aging and the Older Adult  CRN 12647 TBD	April 4 – June 10  Online	This course covers the process of growing older with reference to theories on universal aging. Students will learn to improve the function, quality of life, and self-care abilities of the elderly well, to assist them in maintaining independence. Topics include aging-related changes; the role of the family and other aggregates; how elderly adults define and promote their health; the use of community resources. <b>Three credits.</b>
NURS 330.77 Legal and Ethical Issues in Nursing  CRN 12652 TBD	April 4 – August 19  Online  <b>**SPECIAL OFFERING FOR THIS TERM</b>	This course examines the moral and ethical implications of various practices in the field of health care as they affect human life and the basic dignity of the person. This course also explores the moral, ethical, legal, and theological issues raised by recent developments in the life sciences. <b>Six credits.</b>
NURS 405.77 Nursing of Adults I  CRN 12645 TBD	April 4 – June 10  Online	A theory- and practice-based course exploring chronic health issues related to violence, immune system dysfunction, cancer, and other selected conditions. Cultural diversity, competency and safety, the consequence of an altered immune system, infection, symptom management, women's health, and palliative care will be studied from a nursing perspective in this course. <b>Three credits.</b>
NURS 425.77 Comprehensive Health Assessment  CRN 12646 TBD	April 4 – June 10  Online  <b>**SPECIAL OFFERING FOR THIS TERM</b>	This theory and practice course focuses on a systematic assessment of the well adult. Students will incorporate health history and physical examination of body systems in identifying self-care requisites for a diverse population. <b>Three credits.</b>
NURS 494.77 Leadership and Management in Nursing  CRN 21699 TBD	June 13 – August 19  Online  <b>**SPECIAL OFFERING FOR THIS TERM</b>	This course is an examination of nursing leadership theories and management models and their relationship to client care. The course explores the changing roles and expectations for registered nurses as leaders in the health care system. <b>Three credits.</b>

**\*\* This course is being offered as a special offering for this year only.**

**Important! During the Spring and Summer terms you are only permitted to register for 6 credits for the Spring (April-June) Term and 6 credits for the Summer Term (June-August).**

**Please Note:** Although there are no lab components with any distance nursing courses, some courses require students to enter a **CRN** for the course as well as a **CRN** for the lab, e.g. Biology 115 (Microbes in Human Biology).

## HOW TO REGISTER FOR A COURSE

**Internationally Educated Nurse (IEN) students** **must** email [distance.nursing@stfx.ca](mailto:distance.nursing@stfx.ca) to request registration when registration opens at **12:00 am, February 7, 2022**. **Do not try and register yourself!**

Emails **must** come from your **StFX email account!** Emails sent from personal email accounts will not be accepted. Students are registered on a first-come, first-served basis.

Registration requests must be emailed **AFTER** registration opens on February 7!

**Important!** Include the course name and number in your email along with your 9 digit StFX Student Number.

**Do not** send multiple emails. Once we register you into your course(s) that are available, we will notify you by email. This may take 2-3 business days.

**Post-RN BScN students** can register themselves into their selected courses when registration opens on **February 7, 2022**. The deadline to register in Banner Self-Service for the Spring Term is **March 7, 2022** and the deadline for the Summer Term is **May 9, 2022**. Select 202230 for the Spring Term and 202240 for the Summer Term.

**Important!** If you are a returning student having difficulties with the registration process, please contact our Program Office by emailing [distance.nursing@stfx.ca](mailto:distance.nursing@stfx.ca). Please do not contact the Registrar's Office for registration issues if you are a student in the Distance Nursing Programs.

## PAYMENT OPTIONS / RECEIPTS

**When are fees due for the Spring and Summer term?** Spring term course fees are **due by May 31, 2022** and Summer term course fees are **due by July 31, 2022**.

**How to make a payment?** Payment Methods can be found online by visiting Student Accounts: <https://www.mystfx.ca/financial-services/methods-payment>

If you require an official receipt of a payment made or have questions about fees, email Student Accounts at [studentaccounts@stfx.ca](mailto:studentaccounts@stfx.ca).

## INCOME TAX FORMS – T2202A

T2202As for income tax purposes for the **2021 Tax Year** will be available in Banner-Self Service by February 28, 2022.

See the Student Accounts website for more details; <http://www2.mystfx.ca/financial-services/income-tax-receipt-t2202a-form>

## COURSE WITHDRAWAL/REFUND POLICY

To withdraw from a course(s) without incurring **academic penalty**, students **must** email the Distance Nursing Program Office at [distance.nursing@stfx.ca](mailto:distance.nursing@stfx.ca). Without proper notification, a student remains on the class lists. Thus, absence from exams and other requirements will result in a failure on the student's university transcript.

**Important!** *Emailing the Instructor, or other departments, is NOT an official withdrawal from a course. Your email must be sent from your StFX email account to the Distance Nursing Program Office at [distance.nursing@stfx.ca](mailto:distance.nursing@stfx.ca).*

**Not participating in a course, not logging into Moodle, or not reviewing your StFX email account does NOT remove you from the course. If you have not submitted a withdrawal email to the Distance Nursing Program Office, you are still responsible for the course tuition fees!**

- *If a student **withdraws up to and including the day** the online course begins, and has paid the tuition fees in advance, they are eligible for a full tuition refund.*
- *If a student **withdraws in the first week**, 2/3 of the tuition will be refunded. If fees were not paid in advance, 1/3 of the course fee is owed.*
- *If a student **withdraws in the second week**, 1/3 of the tuition will be refunded. If fees were not paid in advance, 2/3 of the course fee is owed.*
- ***During or after the third week** after the course starts, no refund is issued. If fees were not paid in advance, the full course fee is owed.*

If you are eligible for a refund, please email Student Accounts at [studentaccounts@stfx.ca](mailto:studentaccounts@stfx.ca) from your StFX email account and include your StFX ID and the number and name of the course(s) you have dropped.

## TEXTBOOK INFORMATION

Textbooks for distance nursing courses can be ordered through the StFX Bookstore: <https://shop.stfx.ca/shop/text-books/>. Click on the Nursing Icon and the textbooks for the current courses will be listed, OR you can email the StFX Bookstore at [StFXStore@stfx.ca](mailto:StFXStore@stfx.ca).

## 2022 Spring/Summer Tuition Fee Schedule

<https://www.mystfx.ca/financial-services/sites/financial-services/files/2021-11/Spring%20Summer%202022.pdf>

## HELPFUL HINTS/FRIENDLY REMINDERS

- For **registration and withdrawal requests**, email the **Program Office** at [distance.nursing@stfx.ca](mailto:distance.nursing@stfx.ca)!
- **Verification of Course Completion (VCC) Forms** must be emailed to the Program Office. If you require a VCC form, please contact CNO. StFX does not provide this document. **Note:** The VCC Form will show all the courses you have completed, therefore, only one VCC form is needed.
- **StFX Transcript Request Form** - <https://www.mystfx.ca/registrars-office/transcript-requests>. Transcript request forms must be emailed to the Registrar's Office at [registr@stfx.ca](mailto:registr@stfx.ca). **Note:** The transcript will show all the courses you have completed, therefore, only one transcript request form is needed.
- All emails to the Program Office, and other university departments, must be sent from your StFX email account. **Emails are generally responded to within 2 business days. Do not send multiple emails.**
- The CDE Support email ([cdesupport@stfx.ca](mailto:cdesupport@stfx.ca)) is **ONLY** for technical issues with **Moodle**.
- Contact **ProctorU** for all ProctorU related questions (see contact information on your course Moodle page).
- Contact **Financial Services** for all student account inquiries at [studentaccounts@stfx.ca](mailto:studentaccounts@stfx.ca). The Program Office does not have access to student financial records.
- This program is not eligible for funding in any of the Canadian Student Loan Programs.

